

My Ladies Rhumba

Choreographer: Wanda Heldt - Perth WA (Sept 2012)

Count: 32 / **Wall:** 2 / **Level:** Raw Beginner

Music: Hear My Song by Bouke

Alt. music:-

It's Your World Now by The Eagles

If I Said You Had A Beautiful Body by The Bellamy Brothers

Neon Moon by Brooks & Dunn / Besame Macho [Instrumental]

Also cute Split floor with BURLESQUE

Choreographed specially for the Dear Ladies of the 'Taskforce Line dance program' helping to keep active in mind and body and having FUN.

S:1 WALK FORWARD R.L.R., KICK, WALK BACK L.R.L, TOUCH

1-4 Walk forward Right, Left, Right. Kick Left forward.

5-8 Walk back Left, Right, Left, Touch Right next to Left.

S:2 RIGHT & LEFT - SIDE, TOGETHER, SIDE, TOUCH [use hips as you step 'Side- together-side']

1-4 Step Right to Right side, Step Left together, Step Right, Touch Left toe next to Right.

5-8 Step Left to Left side, Step Right together, Step Left, Touch Right toe next to Left.

S:3 RHUMBA BOX [Basic]

1-2 Step Right to Right side, Step Left next to Right.

3-4 Step back on Right, hold (sway hip to right)

5-6 Step forward on left, Step Right next to Left.

3-4 Step forward on Left, hold (sway hip to left)

S:4 RIGHT DIAGONAL HIPS R.L.R.HOLD 1/4 x 2 PADDLE TURNS RIGHT

1-4 Step Right to Right diagonal and Rock hips Forward, Back, Forward, Hold [Wt.on R]

5-6 Step forward on Left turn 1/4 Right, Recover weight on Right. [3:00]

7-8 Step forward on Left turn 1/4 Right, Touch Right next to Left or Hold [Wt. on L]. [6:00]

To make it a 4 Wall .. [If using as split floor]

5-6 Step forward on Left turn 1/4 Right, Recover weight on Right. [3:00]

7-8 Recover weight on Left, Hold or Touch Right next to Left...

Restart dance... HAVE FUN IN LIFE & IN DANCE.

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